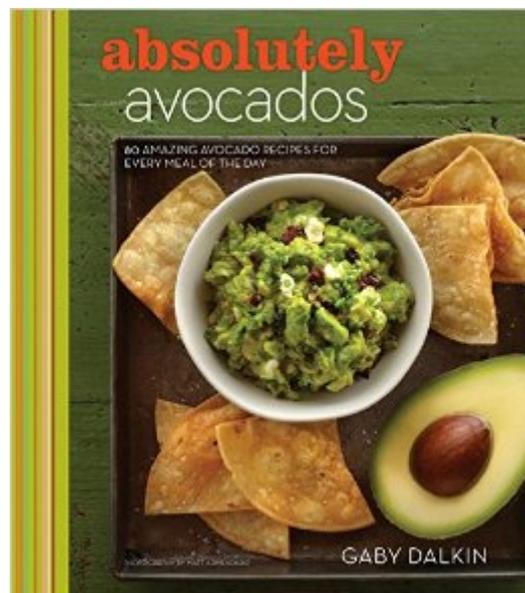


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Absolutely Avocados



Synopsis

An incredible collection of recipes just for avocado lovers If you love avocados, but don't know what to do with them other than serve them with tortilla chips, this is the perfect cookbook for you. With its buttery texture and subtle flavor, the avocado pairs well with meat and seafood, makes a great topping for burgers and salads, and adds a wonderful creaminess to dips, sauces, and even desserts. Absolutely Avocados presents delightfully delicious new ways to use avocados in breakfasts, lunches, salads, snacks, and plenty of the ways you haven't even imagined. But this is more than just a book of avocado recipes; it's also the first cookbook from renowned blogger Gaby Dalkin. Displaying her fresh and simple cooking style "a mix of California casual with a healthy dose of Southwestern flair" Gaby's recipes are ideal for anyone who loves avocados or just scrumptious meals. Features 75 to-die-for recipes like Crab and Avocado Quesadilla and Avocado and Tuna Ceviche The first book by popular food blogger and avocado expert Gaby Dalkin Illustrated with gorgeous full-color photographs from acclaimed food photographer Matt Armendariz Includes an introductory section that describes common varieties of avocado and includes foolproof advice on cutting, storing, and picking ripe avocados at the market If you love avocados and fresh, delicious meals, this is the ideal cookbook for you. Absolutely Avocados serves up a wide range of recipes that get the most of out of this popular, but under-used food.

Book Information

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Customer Reviews

I have over 300 cookbooks on the shelves in my kitchen, yet this is the cookbook that I keep taking off my shelf these days. Our family is absolutely enamored with avocados so this one is perfect for us. Author Gaby Dalkin begins the book by sharing tips on how to look for good, ripe avocados in

your market, how to store them, and how to properly cut them (all things that are helpful to avocado-newbies). The book is filled with recipes that employ creative uses of the avocado. Take breakfast, for example: Avocado and Chorizo Breakfast Hash, Southwestern Egg Casserole, Migas and Avocado Toast (we tried the toast yesterday as a healthy, after-school snack and it was easy and fabulous!) Yes, there is guacamole, but Dalkin shares EIGHT very different recipes for guacamole (including the amazing-sounding Mango/Cilantro Guac and Roasted Poblano & Caramelized Onion Guac) as well as dips and dressing and salads. Our family devoured the Bacon, Avocado and Corn Salad last weekend. The recipe says it serves 6, but three of us dusted the bowl in a matter of minutes. Main dishes I can't wait to try: Cheese Bellied Guacamole Turkey Burgers, Cumin-Dusted Mahi Mahi Tacos and Herbed Quinoa & Avocado- Stuffed Peppers. Have you ever imagined incorporating avocado into desserts?! The author does just that in her Avocado Chocolate Chip Cookies, Pound Cake and Banana Bread (think of the avocado as a healthy fat replacement). I've followed Dalkin's recipes on WhatsGabyCooking.com for quite some time now, and I've always found her recipes to be easy-to-prepare and delicious. Her love for avocados is evident on her website and it shines through on her cookbook too. Well done.

Our family has always been obsessed with avocados, but tended to use them in the same few recipes. This cookbook has opened up a whole new world of ideas! We bought a dozen avocados this weekend and are trying a different recipe every night based on Gaby's suggestions. There are so many fun facts throughout the book, the photography is mouthwatering and we've ended up learning so much about one of our favorite fruits. Love this cookbook!

I never knew how versatile avocados were until I came across this fantastic cookbook. What a treat! Gaby Dalkin's recipes are easy-to-follow, creative and delicious. From avocado and chorizo breakfast hash, to goat cheese guacamole, to parmesan-panko avocado fries, to winter citrus and avocado salad, to grilled shrimp and avocado pasta, to the surprisingly delicious avocado chocolate chip cookies (who knew?), this cookbook is my new go-to for fun and tasty dishes for any meal throughout the day.

This has been my kitchen bible ever since it came out! We have our usual avocado favorites, but this cookbook is filled with so many creative recipes to get us out of our comfort zone. I've made everything from her avocado pesto to her Irish Nachos. Seriously, some of the best food I've ever eaten! I also wouldn't say this is just for the avocado obsessed, but for anyone - including my dad

who isn't as crazy about avocados, but LOVED the meals I prepared for family dinner (from this cookbook).

Three words: GOAT CHEESE GUACAMOLE! Absolutely Avocado is one of my new favorite cookbooks. The combinations are original, simple to prepare and beyond satisfying. And it's not just about guacamole. There are side dishes, meals and even smoothie recipes. Nice book to have for summer!

Love love this! I can't get enough of this cook book. So simple yet absolutely delish. The photos are stunning too. Perfect timing for the summer!

Who knew avocados could lend themselves to so many inventive recipes? This bright and charming cookbook arrived on my doorstep one afternoon and within an hour or so I had the Southwestern Egg Casserole on the table -- breakfast for dinner. It was easy, pretty, and delicious. I can't wait to explore more. A terrific and inspired book.

I don't usually like single food cookbooks. I find most of them overwork the subject in order to fill pages. Not the case with this book. The author takes us from dips to dessert and each recipe makes good sense and offers a great platform from which to experiment. I've made six recipes so far and they have each been very good. Lots of good photos when they are helpful. This is not a "picture on every page whether it adds anything or not" cookbook. No photos of vinaigrette but a great one of Irish Nachos (a must-try recipe!) Love the avocado factoids. Love that it is hardcover. And especially LOVE that the index is actually helpful. (Lately most all the cookbooks I've purchased are computer lazy. Alphabetizing an index by first word in a recipe is worthless. I mean when I want to look up a quiche recipe, it doesn't help me when it's listed under "A" for "Aunt Reba's Country Fresh Egg Pie"...am I right?) If you love avocados, or know someone who does, I highly recommend this book.

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